APPLEDORE PARISH MAGAZINE

APRIL 2022



In Apríl:

April is a great month for meteor showers.

The Queen was born in April 1926.

The first Olympics of the modern era started in Athens in 1896.

The line: "Houston, we've had a problem here" was first heard.

The first episode of Porridge with Ronnie Baker was aired.

In 1770 English naval explorer James Cook arrived in Botany Bay, Australia, the first European to do so.

But remember...

Mark Twain said of April: "The first of April is the day we remember what we are the other 364 days of the year."



VILLAGE DIARY

APRIL 2022

Appledore Garden Society: Wednesday 27th April 11.00 a.m. Hole Park, Rolvenden Garden and Bluebell walk (see inside for further details)

All editorial matter for publication in the **MAY** magazine should be sent to: appledoremagazine@hotmail.com, **NOT LATER THAN THE TWENTIETH OF APRIL.** Please provide copy to our email address, preferably as a Word file attachment.

The Appledore Parish Magazine is produced, printed, collated and delivered by a number of villagers who kindly volunteer to take on these tasks. It is delivered free to every household in the village. This is unusual; the majority of village magazines carry a cover price of 30p or so. It is supported financially by advertisers and by one or two organisations, such as the Parish Council and the Parochial Church Council, which contribute towards the space that they regularly occupy. But it could not continue to exist without donations from private householders who, over the years and on a regular basis, have given us money to keep going. Donations should be sent to: - Parish Magazine Accounts, c/o Brian Knight, Heathland House, Woodchurch Road, Appledore. TN26 2BB. Cheques should be made payable to Appledore Parish Magazine.

Advertising: Brian Knight 01233 758319 email: ThrKng@aol.com

A year's advertising (11 magazines) is £25 per 1/6th page. The magazine is delivered to 400 houses and is available to visitors via the Village Shop and church.

Thank you for the kind donations this month from Judith Clifton and Edna Haisel.

Dear Appledore,

Sadly, this will be my final editorial as I am stepping down as Editor after one too many unpleasant and personal emails. However, rather than focussing on the negative, I would like to remember how enjoyable being Editor has been for most of the time over the past five years. I hope in reading this, someone will come forward as the new editor. Without an editor there can be no Parish Magazine.

I suppose I am most proud that we managed to supply an Appledore Parish Magazine throughout the Covid pandemic and throughout all the lockdowns - albeit only online for a while. I am also extremely proud that during my tenure we bought a new colour printer. I remember my main desire was to purchase one that would print photographs in colour – and we did it! That new printer will soon be housed in the Village Hall – where I always thought it should be - in the heart of the community in its own area. I chose to use the term "we" here as I could not have done anything without the support of Tessa and Brian Knight who work so tirelessly to print the magazine each month and who along with our wonderful collators and distributors make sure you get your magazine each month. Finally, I'd like to thank my husband Nick Catt for helping by always giving that final read-through. Thank you all.

Other good memories include:

The 100 women articles which celebrated 100 years of Suffrage (started by Suzanne Elphick the previous editor and completed by me);

The edition celebrating 100 years since Armistice with all the WW1 poetry;

Going round the village on the VE anniversary day taking photographs for the magazine of the street celebrations; The phone calls from new and older members of the Appledore community;

The scarecrows!;

And finally, meeting and giving out prizes this last Christmas to the children of Appledore for their wonderful drawings and paintings for the cover competition.

I hope the new editor will feel the same sense of pride as I have.

If you are interested in taking on the role, please contact Brian and Tessa Knight 01233 758319.

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Maureen

WHO TO ASK

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Churchwardens	Mrs Fran Mr Chris		01233 758201
Bells: Captain	Mr F. We	nham, Lindon Stone	01233 758078 01233 758362
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Steeple Keeper Flowers/Brass	Mr Aston Mrs J. Cli	Calladine fton, Priory Lands	01233 758105 01233 758285
Music	tba		
Refreshments	Mrs D. Cl	ifton	01233 758256
METHODIST CHURCH	Secretary	Mrs B. Fazzani, Oakhouse Far	m 01233 758322
APPLEDORE & DISTRICT RID			
Chair	Mrs Sue I	Iutcheson	07795 957488
APPLEDORE GOOD NEIGHB		ICE	
Free transport for housebound	villagers		01233 758478
APPLEDORE VILLAGE STOR	ES	51/53 The Street	01233 758320
ASHFORD BOROUGH COUNC	CILLOR	Mr Michael Burgess	01233 628387
ASHFORD BOROUGH CITIZE	ENS ADVIC	E email: ashfordadvice@gmail.o	com
ART CLUB Denise Step	ohens, emai	l: georginajack@icloud.com	01233 758952
BRITISH RED CROSS	For gener	al enquiries	01580 763359
Tenterden & Cranbrook	•	cal loans specifically	01233 620356
CADM	II.	Matta di	
CARM:	не	en Mattock	01233 758122
CHILD HEALTH CLINIC	Hamstree Appledor	t: Wednesday 10.30 – 12.00 e: Friday 10.00 – 12.00	
COMMUNITY RURAL WARD	EN Joann	a Vos, email: joanna.vos@kent.go	ov.uk 07980 770578
CITIZENS ADVICE BUREAU Monday 10.00-16.00, Tu			01580 762371
•			
DEPARTMENT OF SOCIAL SE	ECURITY	Ashford	01233 208000
DOCTORS	Appledor	e/Hamstreet	01233 730190
	Tenterder	n – Surgery	01580 763666
	Woodchu	rcn	01233 860236
ELECTRICITY	Failure of	supply UK Power Networks	105
APPLEDORE FOOTBALL CLU	B Ser	iors: Kenny Beale	07899 030276
		niors: Richard Baker	07403075961
FRIENDS OF APPLEDORE CH		erans: Paul Shilling	07487728191
	h, email: fn	ıks33@gmail.com	
Vice-Chair Miss A Hill		Chaim T W D Dlag	
FRIENDS OF APPLEDORE ST	ATION	Chair: T W D Blaney The Wish House, Kenardington R	01233 758628 .oad, 07710 637962
		Appledore TN26 2BS	

APPLEDORE GAI Chair	Heather Park	ker, Beech Tree F			01233 758660
Secretary	Tessa Knight	, Heathland Hou	ise		01233 758319
HOSPITALS		Buckland (Dover William Harvey Kent and Canter Benenden West View (Tent	01304 201624 01233 633331 01227 766877 01580 240333 01580 261500		
KENT COUNTY C		Mike Hill email: Michael.h	uill@kent.gov.ı	uk	01580 766075
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APPLEDORE LOO		SOCIETY Cha Sec.: Jo Killick,			01233 758319
MEETING POINT	Γ	Mrs V Beale, 9 E	lmtree		01233 758548
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RECREATION GI	ROUND BOOK	INGS			07770 947067
REFUSE COLLEC	CTION	Bulky items, e.g cookers etc. coll		fee (for 4 items)	01233 331111
SAMARITANS		Ashford			01233 610000
TAXI		Tenterden Cars			01580 762444
TENTERDEN & I	DISTRICT DAY	CENTRE Churc	h Road, Tente	erden	01580 762882
TENTERDEN CO	OMMUNITY H	UB			
		email: tenterder	ncommunityhı	ub@gmail.com	01580 389941
TRAINS		Enquiries			08457 484950
VETS	www.cinque	Veterinary Grou portsvets.co.uk art & Partners s.co.uk	ıp	Tenterden Rye Tenterden Cranbrook	01580 763309 01797 222265 01580 765244 01580 713381
VILLAGE HALL	Bookir	ittee Chair ngs villagehallapple	Huw Jenkin Marilyn Ra dore@gmail.co	ly	01233 758152 01233 758586
WATER COMPAN	VY South East		ice Hours hour emergend	cy service	08458 506060 0333 0000365
WITTERSHAM C 20/3/2022	EP SCHOOL	www.witte	ersham.kent.so	ch.uk	01797 270329

St Peter and St Paul, Appledore

April Services 2022 New Service Time of 11:00am

Sunday 3rd April

11.00am - All-Age Worship

Palm Sunday 10th April

11.00am - Service of the Word

Easter Sunday 17th April

11.00am – The Eucharist

Sunday 24th April

11.00am - Holy Communion

'Beginning the Day with God' and 'Ending the Day with God', our daily <u>online only</u> services for the Tenterden Benefice, can be accessed through the daily bulletin: 'Connect Up'. You can subscribe (free) to 'Connect Up' at <u>tenterdencofe.co.uk</u>, click on 'worship events and daily bulletin', then scroll down to the big box saying 'Connect Up!'. Alternatively email Lindsay, who will make sure you are joined up!

For further details for Baptisms, Weddings, and Banns or for any pastoral concerns which you would like to discuss,

Please contact The Rev'd Canon Lindsay Hammond

01580 761591 tentvic@gmail.com

For practical matters, please contact Church Wardens Mrs Frances Smith, fmks33@gmail.com Mr Chris Self, chris.self45@gmail.com

MINISTER'S LETTER

Dear Friends,

Early on Easter morning, we will have the opportunity of gathering round the new fire outside Smallhythe Church. During the Dawn Service we will renew our baptism promises. Integral to those promises is the New Testament summons to 'always be ready to give a reason for the hope that is within you.'

Hope is not blind optimism, for we know that crucifixions go on even after Easter. The people of Ukraine are being truly crucified as I write these words. Only God knows whether that terrible conflict will still be raging by the time you read this. And if you are reading this, then it means that the world hasn't quite come to an end!

No, the hope within us is not blind optimism. But it does claim that, even in the darkest of times, we can trust in the good purposes of the God who raised Jesus from the dead and who brings life out of death. Easter gives us the reason to say 'yes' to life with a new hope rising within us.

It rings true, this business of Jesus' cross-and-resurrection. It always does. It gives us the courage to strengthen the fainthearted, support the weak, help the afflicted and love humanity in a thousand different places and ways. It cheers with hope the gloomy day and sweetens every bitter cup. It makes the coward spirit brave and nerves the feeble arm for fight. It takes the terror from the grave and gilds the bed of death with light. It opens our eyes to the new creation and our ears to its new song. It's the answer to the transience of things and life's passing shadow. We sing 'Alleluia', even at the grave. For Easter is the celebration of a great new Beginning, Easter's glorious springtime that will never end. Easter is the truth by which we live and die – and live again!

May God bless the people of Ukraine, that they may live again!

With every good wish.

Lindsay

April Church Rota 2022

	<u>Service</u>	<u>Sides person</u>	<u>Reader/prayers</u>	<u>Refreshments</u>
3 rd April	All-Age Worship	Philippa	Frances/Jane	Brenda/Philippa
10 th April	Palm Sunday	Donna	Roger H/Frances	Tom/Jo
17 th April	Easter Day	Tom	Michael/Alison	Fay/Jane
24 th April	Holy Communion	Judith	Jane/Chris	Donna
1 st May	All-Age Worship	Donna	Tony/Donna	Brenda/Jo

Appledore Methodist Church - services in April

Sunday 3rd April - united service in the **Parish Church**

Sunday 10th April, 10.30am – service in the Methodist Church

Friday 15th April - Good Friday joint service and walk of witness starting at the Methodist Church at 10am and finishing in the Parish Church

Sunday 17th April, 10.30am – service in the Methodist Church

Sunday 24th April, 10.30am – service in the Methodist Church

Wednesday 27th April, 12 noon – service of holy communion in the Methodist Church

CHURCH FLOWER ROTA

ALTAR

WEST END

Wendy Thomas

Frances Smith

Linda Hiskey

There will be no flowers in church during Lent which this year began on 2nd March

April 17 th	Paddy Moseley

April 24th Helen Downing–Waite

May 1st Denise Stephens

HORNE CHAPEL: Judith Clifton

If you are unable to take your turn, please telephone Judith Clifton on 758285 or text 07840 356681 and the same numbers if you are unable to crack the code for the kitchen / Glory Hole for oasis etc. With lots of newcomers to the village I am hoping that some might like to join the flower rota? It involves committing to maybe around 5 times per year and no skills required – just enthusiasm and a wish to be involved. Full support and training given! Why not give it a go?

PRODUCE IN THE PORCH

Our well established cake-bake days will continue on alternate Saturdays, the next ones being on April 2nd, April 16th and April 30th. As always every item (and ingredient) for sale is donated and all proceeds go directly towards the upkeep of our beautiful church. If you feel the urge to do a spot of baking for the cause please contact Judith (758285) or Donna (758256) for details. The church porch is open every day from 9.00am until dusk and there you will find our usual range of preserves, books and gifts including special Easter treats and novelties this month. Thanks to all of you who leave used jam jars, flower pots, plastic food trays, books and knitting wool all of which are gratefully used.

Thank you for your support.

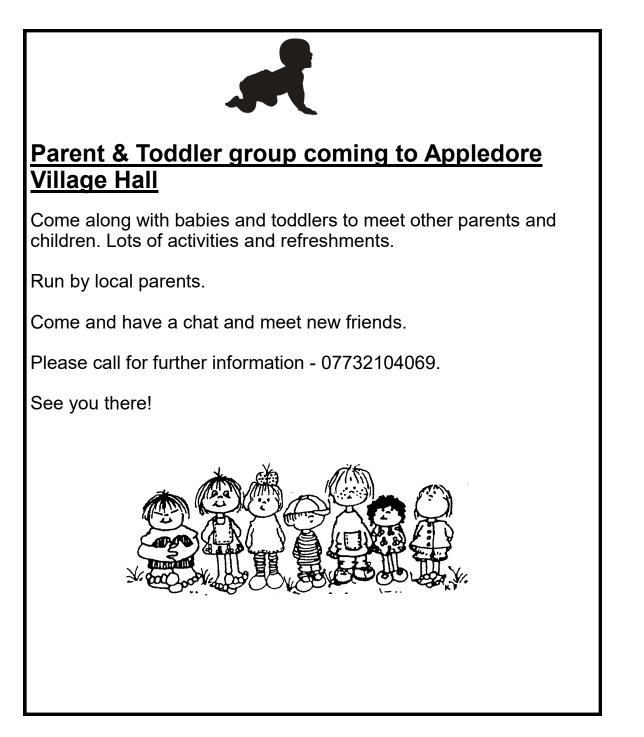
J.C.

Answers to March Cross Quote

Α	NAPHTHA	F	OTHERWISE	L	FASTENED	Q	PATIOS	First Letters:
в	INTENTION	G	ROUSING	М	EMBARRASS	R	INSULATE	NICK HORNBY
С	COWSLIP	н	NORTHEAST	Ν	VIEWPOINT	S	TATTOOIST	FEVER PITCH
D	KANGAROO	J	BROUHAHA	ο	EYESHADE	т	COWARDLY	
Е	HESITATED	к	YACHTING	Р	RUPTURE	U	HALFINCH	

<u>Quote:</u>

ONE THING I KNOW FOR SURE ABOUT BEING A FAN IS THIS: IT IS NOT A VICARIOUS PLEASURE DESPITE ALL APPEARANCES TO THE CONTRARY, AND THOSE WHO SAY THAT THEY WOULD RATHER DO THAN WATCH ARE MISSING THE POINT.





Parish Council Update April 2022

(https://www.appledorekent.org)

Village Hall and Public Conveniences Refurbishment

Hopefully you will have noticed that the car park is now open and in use, opening just in time for the History Society exhibition.

The hall itself is to open shortly and there may be a separate article included here with the details on this point. One lady joined me to take a peek through the rear entrance doors and commented 'It is just what Appledore needed, a bright modern village hall'.

At the March Parish Council meeting the independent surveyor from Sibley Pares presented his valuation of the refurbishment works for the hall and public toilets. He also gave his opinion on the quality of work and products selected. I summarise it below:

	Independent Quantity Surveyor Valuation	Contract Value
Village Hall Refurbishment	£630,206.32	£437,000.00
Public Conveniences Refurbishment	£40,093.19	£30,000.00
Overall Total	£670,299.51	£467,000.00

This represents a 43.5% gain on the negotiated contract value.

For those who were not there I enclose part of the covering letter and the full valuation.

'The first project to be undertaken was the toilet refurbishment. This work was undertaken in a professional manner and to a high standard and over a short period. Once the work was completed a costing exercise was undertaken and the value of work completed was considered to be £40,093.19. A pre-contract estimate of £30,000.00 was provided by the contractor.

The second project to be undertaken was the refurbishment and extending of the village hall. The project was again undertaken in a professional manner to a high standard using good quality materials. This work took a longer period to complete and was subject to two lockdowns and was hampered by shortages in materials and delays in delivering materials. The project completion was extended slightly due to these issues. After completion a costing exercise was undertaken and this produced a pre-VAT figure of £630,206.32. The pre-contract estimate was £437,000.00.

In my opinion the works undertaken by Martello have been completed to a high standard using good quality materials. The design of the extension and internal fit-out is also of a high standard. Overall, I believe the works to the toilets and village hall are good value for money.'

Village Hall Exte Refurbishment	nsion and	Independent Quantity Surveyor Valuation	Contract Value
Substructure	foundations	£10,875.00	
	floor slab	£15,480.00	
	floor insulation	£3,031.50	
Roof	deck frame	£8,296.00	
	Roof covering /insulation	£14,960.00	
	rooflights	£20,000.00	
	drainage	£4,257.00	
External	external wall	£26,600.00	
	cladding	£15,680.00	
	windows	£26,400.00	
	double doors	£12,400.00	
	single doors	£2,075.00	
Internal	ceilings	£4,515.00	
	walls	£2,660.00	
	floors	£2,709.00	
	cubicles	£2,850.00	
	double doors	£6,420.00	
	single doors	£2,200.00	
	stairs	£1,425.00	
Internal Finishes	plaster	£1,225.00	
	decoration	£1,318.10	
	cladding	£576.00	
	tiling	£1,530.00	
	flooring	£3,483.00	
Fittings	toilets	£1,425.00	
0	kitchen	£12,000.00	
	water installation	£1,035.00	
	space heating	£45,100.00	
	electrical	£62,480.00	
Hard Landscaping	tarmac/kerbs	£2,310.00	
	path	£2,232.00	
	car parks/kerbs	£23,814.00	
	rear stairs/ramps	£12,000.00	
	front steps/wall	£10,000.00	
	drainage	£35,524.00	
Soft Landscaping	seeding	£1,387.00	
·	site set up	£20,000.00	
	demolition & other works	£18,000.00	
	external render	£6,300.00	
	Internal refurbishment	£42,500.00	
	pre adjustment	£485,072.60	
	Adjustment for inflation &	£562,684.22	
	covid delays		
	Sub total	£562,684.22	
	contractor's management	£67,522.11	
			6427 000 00
	TOTAL	£630,206.32	£437,000.00

Public Conveniences Refurbishment	Independent Quantity Surveyor Valuation	Contract Value
Site set up	£1,250.00	
Strip out and dispose of rubbish	£5,000.00	
Toilet pans and cisterns		
Handrails	£1,125.00	
Urinals	£1,125.00	
	£1,125.00	
Paper towel dispenser	£60.00	
Baby changing table	£280.00	
Cubicles	£2,730.00	
Wall panels	£5,544.00	
Hand drier	£280.00	
Soap dispenser	£50.00	
Mirror	£105.90	
Spotlights	£891.20	
Emergency light	£179.96	
Ventilation	£70.00	
Cleaners tap	£71.48	
Sensor	£250.00	
Door exit system	£3,050.00	
Ceiling	£710.00	
Floor	£1,540.00	
Walls	£4,620.00	
Internal decoration	£330.00	
Insulation	£355.00	
Windows	£1,080.00	
Doors (including ironmongery)	£1,340.00	
Cladding	£392.52	
Rainwater goods	£803.83	
External lights	£390.36	
Roof tiles	£262.90	
External decoration	£155.88	
Builders clean	£65.22	
Builder work in connection	£1,750.00	
Sub total	£36,782.75	
Management fee	£2,210.45	
Total Contract Sum	£40,093.19	£30,000.00

Next Council Meeting – Monday 4th April, 7.30pm

Parish Council Contact Details

Roger Hiskey (Chairman)	01233 758 097	apc.rhiskey@gmail.com
Helen Hennig (Highways)	01233 758 436 07759 006324	apc.hhennig@gmail.com
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Mary Philo (Parish Clerk)	01797 270 790	enquiries.apc@gmail.com

Join us in celebrating the re-opening of the Appledore Village Hall!

Friday April 22nd

_🌮 Time: 5-8pm

On Friday 22 April the trustees of the Village Hall would like to invite you to the opening celebration of our newly refurbished Village Hall. This will be an opportunity for the whole village to come together to view the excellent work that has been undertaken - to share with us a welcoming drink, which has kindly been donated by Gusbourne, and to enjoy a selection of light refreshments and nibbles.

The bar will be open during the celebrations for you to purchase refreshments.

The evening will run from 5pm-8pm.

Please take this opportunity to come along together with your families.

We are very proud of what has been achieved and would like to share this with you all.

🌽 The trustees of Appledore Village Hall.

Ah! The Groups. Groups and Associations. Many and various they were indeed. One is tempted to put them in alphabetical order, lest someone think theirs is given less prominence than it deserved. For they *all* deserve prominence. What a busy lot we were! Where to begin? It will be difficult not to reduce all the activities to a long list of names. Here goes:

Although different from those available today – few people had thought of yoga or Pilates, and the tennis courts were not yet built - there was something for everyone. One theme that runs throughout is of helping others, even for those which might seem like clubs.

Mr Stokes ran the British Legion, whose purpose is well known; there was a Women's Section which sometimes met at Miss Bartlett's Swan House. Although the Flower Festival was a once-a-year event, fund-raising went on all the time. The Women's Institute had many members meeting in the Hall. The Young Wives' Group, led by Barbara Bailey, soon re-named themselves The Wives' group (fearing some members might be sailing under false colours). All gave support and companionship to anyone who ventured to their meetings. The Good Companions was another, and there were also Girl Guides and Brownies, with Brown Owl Ann Reynolds.

The County Library lived in a small room at the back of the Hall, run by Anne Wheeler. She was rather taken aback when my husband, a frequent borrower, suggested a review and replacement of the books. "*Have you any preferences?*" she asked him. "*Yes, something with plenty of blood, guts and sex*!" he replied. Thrillers soon appeared.

A little-known element was the Special Constabulary, which assisted at special events. A regular date each year was when Major Shapland, Commandant of the local Force, with Mrs Shapland, opened their large and beautiful garden at The Quillet. This was a high summer event, especially for the children who enjoyed racing round the lawns and teasing the tortoises in their run.

Fund-raising events were held by the hard-working Village Fete committee, such as dances in the Hall, which was also the location for Rummage Sales. With no charity shops properly set up then, these filled the dual role of getting rid of "stuff" for some and acquiring it for others, with benefit to the sponsoring group. The Cancer Stalls in the Street was a big annual event, and the special Committee worked all year to ensure a success – and it was! Most passing cars stopped, adding to the crush and the large sums raised were a matter of pride for all.

There need never be a dull moment. If I have left someone out of this list, please put things right and add your memories.

As the big day creeps closer, plans for the Appledore celebration of the Platinum Jubilee are coming together at a pace. Over the next couple of issues of the Parish Magazine, we'll keep you posted with updates on the events, entertainment, stall holders and contributors.

I'm particularly pleased to announce our local vineyard, **Gusbourne Estate**, will be serving their wine from a gazebo during the street party on the Recreation ground during Thursday. Moreover, they've kindly offered to make a generous cash donation to the village to assist funding the entertainment throughout the day. In 2004, when the first vines were planted at Gusbourne Estate, they had a clear vision and a single goal: to create vintage English Sparkling Wines that would stand up alongside the very finest offerings from across the globe. To



celebrate the Queens Platinum Jubilee, you'll have the chance to enjoy the wines while participating in the day's entertainment. Just to add to the liquid options on offer, there will also be **The Grapevine** selling cocktails, a **Pimm's horse box,** and **Nightingale's** ciders, and of course **The Black Lion** offering beers on tap.

It gets better: to complement the wine why not drop a fresh, locally grown strawberry into it for

a truly summery experience. Nightingale Farm Shop will also be helping replicate the street party experience with a retail marquee selling ciders, locally grown farm

produce and their famous strawberries. Also on offer will be cream teas, packed lunches, and other delicious summertime drinks and food from a variety of street vendors.

To demonstrate Appledore's multitalented residents, **Beverley Gray** will be taking commissions for her ceramics; **Tessa Knight** and the members of the **Appledore Garden Society**



will be selling plants and offering gardening advise; and Gilly's Pickles stall



selling a delicious selection of homemade pickles ideal for a ploughman's lunch (a personal favourite).

To kick off the day we'll start with a ceremonial planting of a Jubilee Tree to complement the other Jubilee trees planted on the Recreation Ground, and conclude with the beacon lighting at 9:30 viewed from the Recreation Ground. **Special thanks to the Editor**

of the Parish Magazine for doing an excellent job of keeping us informed of the Jubilee plans, and if anyone would like to be involved in the organisation of the jubilee, please drop a note to <u>gkinsley@rishk.net</u>. Lastly, thank to all who have offered help, and given encouraging support to the organisation of this village festival.

If you are reading this in April 2022, you may be interested to know that my first letter to the magazine was in March 2020. How time flies! I'll be four years old next month. Back then I was so nervous and shy, hardly daring to put a paw out of place. For those of you who meet me out walking now will know I'm not like that anymore! I've made lots of new friends and barely a day goes by without someone saying "Oh, you're Brodie, I've read about you in the magazine."

Not much has happened since my last escapade, as I'm trying to be on best behaviour. In the morning when it's time for me to go out into the garden I now fetch both slippers just to make sure she doesn't go back to sleep. Daylight arrives earlier which means breakfast arrives earlier too, suits me as I'm always hungry.

Bedtime is interesting too. I hear her say "Right, Brodie I'm off to bed now, it's been a busy day." Then upstairs she goes and I'm pretending to be fast asleep in my basket, both eyes closed but listening very, very carefully. Plonk, that's one shoe, then plonk that's the other shoe and various padding around. After a while there's a "Heigh-ho, that's me for the night." Then all is quiet. I wait for a few minutes and, when I'm sure she's fast asleep, I tip-toe up the stairs and take a flying leap on to the bed. "Blimey Brodie, oh my goodness I suppose you think you're settling in for the night. Well, ok then but don't take up too much space and don't wriggle". I'm not supposed to sleep upstairs really, and I don't always, but sometimes I just can't resist the idea of snuggling up for a warm cuddle. Then after a while I toddle off downstairs again for a serious sleep until morning when I'm on slipper duty. Well that's all my news for now, until the next time.



Cross-Quote©

The aim of Cross-Quote is to discover the text of the quotation in the grid below where the words are separated only by black squares and punctuation is ignored. To do this, solve the clues on the left and enter the answers in the grid below. The letters should also be entered in the correspondingly numbered squares in the bottom grid. The more the quotation is revealed, the more help you will get in solving the clues \ldots

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Celebrating the Queen's Jubilee

Thursday 2nd June

To celebrate our Queen's Platinum Jubilee, we should like to invite the residents of Appledore to decorate their front garden for the occasion on a red, white and blue theme: flowers, bunting, balloons.....however you choose to portray this very special occasion.

• Please join with us to make this a memorable and spectacular display.

Thank you

Open Garden and Plant Fair

Wednesday 27th April

Old Place Farm, High Halden, Kent TN26 3JG

10.00am - 3pm

Entrance £7, Lunch £10 (can be bought online for £15)

www.gardeningwithdisabilitiestrust.org.uk

A superb four-acre garden surrounding a Tudor farmhouse with beautifully executed areas including parterres, mixed borders, old shrub roses, ponds, a small lake, wildflower meadow, topiary, herb garden and decorative potager designed with the help of designer Anthony du Gard Pasley.

A chance to visit this beautiful garden which is not usually open to the public and buy some plants from our many plant stalls. By kind permission of Mr Jeffrey Eker.

In aid of the Gardening with Disabilities

Trust





Appledore Local History Society

were really pleased to see so many people on Saturday 12th March at our second Open Day since developing the Appledore Heritage Centre.

There was much browsing of scrapbooks of newspaper articles, old sales particulars of Appledore properties, and collections of photos from Appledore School etc in the main hall, whilst enjoying the free refreshments on offer and seeing the slide show of photographs from the past.

A little further into the Chapel building visitors took time to look at the various artefacts on display in the Heritage Centre, along with displays of 'then and now' photos of Appledore.

The Parish Magazine also opened the door to its current home, before production moves to the newly refurbished Village Hall.

If you couldn't make it this time and would still like to see our collection of photos and artefacts, these will be updated and a display of Jubilee related items added for our Platinum Jubilee Celebration Open Day. The Methodist Chapel will be open for this on Friday 4th June, again with free entry and refreshments.

As a not-for-profit organization, we rely mostly upon members' subscriptions, along with donations at events such as these to ensure our existence, and we would like to thank everyone who came along on the day to support us.

We are pleased to report that donations made at the Open Day were enough to fund EITHER keeping our website 'live' for another year, OR another four months' use of the Methodist Chapel for storage and the Heritage Centre.

LOST AND FOUND ... a very stylish pair of reading glasses were left behind at our Open Day – if they belong to you please contact our Secretary Jo on secALHS@gmail.com or 01233 758 405 to be reunited with them.





Appledore Local History Society

Jubilgg Cglgbration

Appledore Local History Society is planning to celebrate The Queen's Platinum Jubilee later this year by creating a display of commemorative memorabilia from the Coronation and past Royal Jubilees, along with photographs and memories of the Jubilee celebrations held here in Appledore.

If you have any items or photographs that you would be willing to loan for our display, we would be delighted to hear from you.

> Please email us at secALHS@gmail.com, or telephone Jo on 01233 758 405.

We look forward to hearing from you!

Thank you



WELCOME to an insight of the Appledore Garden Society as we once again open up to the prospect of enjoying the various activities we have greatly missed over the last two years.

Despite everything, enthusiasm has not waned, and as the days get longer and the warmer weather returns, we look forward to a revival of some old favourites, and with our new social freedom, venturing out and trialling some fundamental changes.

The AGM is held in January, closely followed in February by what is now an established fun quiz hosted by the lovely and inimitable Jackie Aviolet. Jackie is knowledgeable and entertaining, and combined with the cheese and wine refreshments makes for an enjoyable evening.

During the summer months this year we are planning on more local trips; ones that don't necessitate the need to pre-book, and of course have amenities for eating, or at least a nearby hostelry! One change is the idea of making more of the day by meeting in the mornings with the whole day stretched before us for those who might wish to spend longer in certain areas, and generally taking time to absorb the surroundings. This step has been taken in the hope that we no longer limit our membership by only visiting in the afternoons, and thereby making it impossible for potential younger members to join us when they are restricted to school and family commitments.

During the winter months we host speakers, and with our membership of the association of societies providing an extensive list of excellent speakers, we are able to select a wide range of interesting subjects.

Annual membership remains at £10.

We would love to welcome you to join our friendly group – maybe you are new to the Village (a great way to meet new friends), maybe you are put off thinking that current members are very knowledgeable – yes we have some who are more than happy to share their expertise, but we are also blessed with those who have limited knowledge but enjoy the companionship and social aspect of meeting up, whether it be for a quiz, a visit to the many beautiful gardens and houses that we are fortunate to have around us, or sit back and let an entertaining speaker furnish you with ideas and tips to enhance your own private area. December rounds off the year with our Christmas Lunch booked at a nearby venue.

Just get in touch if you would like to come along as a guest to one of our events as listed on the next page, and you will be met with a warm welcome.

Contact: Secretary: Tessa Knight, tel: 01233 758319, e-mail: thrkng@aol.com

APPLEDORE GARDEN SOCIETY

APPLEDORE

Outline of Programme 2022

January	Cancelled
February	AGM (usually held in January) GARDEN SOCIETY
March	Quiz Night
April	Visit to Hole Park, Rolvenden. The Bluebell Walk (Option of lunch at The Bull - Rolvenden)
Мау	Visit to Belmont House and Gardens – Faversham
June (a)	Appledore Garden Society Annual Plant Sale. This year in conjunction with the Queen's Jubilee Celebrations and Canterbury Oast/Rare Breeds Charity - Appledore Recreation Ground
June (b)	Visit to Godinton House, Ashford. Delphinium fortnight
July	Private evening visit to Himalayan Garden, Riverhill, Sevenoaks. Tour and picnic
August	Visit to The Orangery, Chartham (NGS)
September	Visit to Great Dixter, Northiam
October	Speaker: A Senior Gardener at Great Dixter to complement previous month's visit
November	Speaker: General Manager of Chilstone cast stone makers of garden ornaments, from statues and fountains to planters. Also giving interesting trivia, facts and figures behind the scenes at Chelsea Flower Show
December	Members' annual Christmas Lunch

Most visits and meetings are held on a Wednesday. At the time of publication visits are at 11.00am.

Meetings, Quiz and Speakers at 7.00pm (Venue to be advised)

Pilates is back in the Village Hall!

After two long years because of Covid and then the hall refurbishment, I am delighted to inform everyone that we are back on TUESDAY 26th APRIL!

Pilates truly is for almost everyone, from the couch potato to the super fit and for all age groups. And for men and women. Pilates helps you to achieve better breathing, increased flexibility with a range of motion in your joints, improved balance, posture and a strengthening of your core - the powerhouse which supports your spine. Pilates will also increase your stamina. In the classes in Appledore Village Hall you work at your own pace in a friendly and relaxed atmosphere.

Because we concentrate on breathing in Pilates, it offers a sense of well-being, you feel more relaxed, sleep better and are more positive about life. In fact, Pilates was developed by Joseph Pilates who believed mental and physical health were closely connected.

In the world of computers and mobile phones we compromise our posture all the time. We suffer more neck aches, back aches and headaches – a result of bad posture. Pilates can help with this by correcting the body, putting it back in alignment. As you correct your alignment or posture, you'll find you put less pressure on sensitive joints such as knees and hips.

In this age too, we lead a much more sedentary lifestyle and so it becomes more important not only to improve posture but also to keep moving. Therefore, flexibility becomes a key area to work on. Pilates is ideal as it does not place the strain on the body that other forms of exercise do.

Pilates is a low-impact form of exercise and classes can vary in intensity from gentle to dynamic. Emphasis is placed on breathing and stretching as well as the more strenuous core-strengthening exercises.

In Appledore Village Hall we have a **beginners' class on Tuesdays at 9 am**. Don't worry if you cannot get down on the floor as there are modifications we can make with all exercises. There are two **Pilates classes for Everyone -Tuesdays at 10am and Thursday evening from 7-8pm.** You will need a mat and a drink of water. You should wear comfortable, loose clothing.

Of course, if you have any health concerns, such as a health condition or an injury, seek advice from a GP or a health professional before starting any exercise programme.

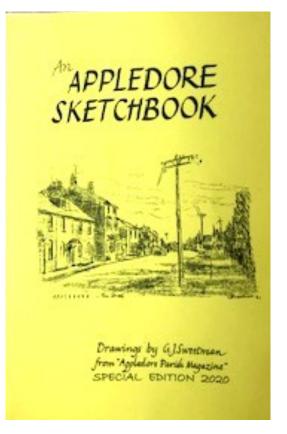
For more details contact:

Maureen Catt at: 01233758249 / 07715277599 or maureenpilates@outlook.com





FOR SALE!



As part of our 60th birthday celebrations we have put together a sketchbook of Appledore. These are drawings done in the 1960s by the first Editor of the Parish Magazine, Mr Sweetman. It is a fascinating glimpse into the history of Appledore and what the village looked like then. Mr Sweetman travelled all around the village sketching what he saw. Many of you will recognise your homes as they looked then. You might also see what the land looked like before your house was built!

Some of the individual buildings named include: the Methodist Chapel; the Forstal; Horne's Place Chapel; Oxney House; Swan House; the cottages on Court Lodge Road; the primary school; Victoria Terrace and Griffin Cottages; Hawthorn Cottages; many views of the Church - inside and out - as well as country views along the Military Canal and Gusbourne.

If you would like to purchase a copy - the cost is £5 - please contact Brian Knight on 01233 758319.

Photocopying & Printing

The Parish Magazine provides a Photocopying & Printing Service. Prices are: Black & White 6p per page, Colour 15p per page. We can print single- or double-sided.

For further information or to place an order please contact Brian Knight. Tel: 01233 758319 or email <u>thrkng@aol.com</u>.