



Appledore Flower Festival



Appledore Church August Bank Holiday Weekend



Sat 29th August -- 10am – 5.30pm
Sun 30th August -- 12.30pm – 5.30pm
Mon 31st August -- 10am – 5.30pm



Home-made refreshments, live music & stalls
Art Exhibition in the village hall (Sat & Sun only)
Children's Quiz --- Free entry & parking

For more info: Donna 01233 758256

Appledore Parish Magazine August 2026

The next Appledore Parish Magazine will be available early September 2026

All editorial matter for publication should be sent to appledoremagazine@hotmail.com **NO LATER THAN THE TWENTIETH OF AUGUST 2026**. Please provide copy to our **email address** as above, as a **Word or PDF** attachment. **We are limited financially with colour printing, so files should be in black and white when possible.**

The Appledore Parish Magazine is produced, printed, collated and delivered by a number of villagers who kindly volunteer to take on these tasks. It is delivered *free* to every household in the village, plus available to purchase in Church and The Village Shop. It is supported financially by advertisers and by one or two organisations, such as the Parish Council and the Parochial Church Council, which contribute towards the space that they regularly occupy. But it could not continue to exist without donations from private householders who, over the years and on a regular basis, have given us money to keep going.

Donations – Cash or Cheques (made payable to Appledore Parish Magazine) should be sent to:

Appledore Parish Magazine Accounts, c/o Roger Kimber, 1 Maple Place, Court Lodge Road, Appledore, Ashford, Kent, TN26 2BZ

or by Bank Transfer to:

Business Account Number 03213421 Sort Code 30-90-28

Thank You!

We acknowledge donations in the magazine by name or anonymous, but not the amount. If you would like your name mentioned please tell us this when making a donation or inform the editor by email.

We really are most grateful for all donations.

ADVERTISING

The magazine is delivered to 400+ houses for *free* and is available in the Church and The Village Shop to purchase for £1.

Standard size advert (1/6th page) £40

Double size advert £80

Half Page advert £130

EMAIL to:

**appledoremagazine@hotmail.com
For the Attention of Roger Kimber**

There are also opportunities to place one off adverts (in black and white or colour) - please ask for a quote

For information re Baptisms, Banns and Weddings, Funerals and other pastoral concerns,

please contact Rev. Canon Lindsay Hammond

01580 761591 / 07805 840493 / teamrector@tentrox.org

Or Rev. Jeanette Kennett

01233 758250 / 07888 994474 / teamvicar@tentrox.org

For practical matters, please contact Church Warden

Chris Self 01233 758078 / chris.self45@gmail.com

Letter from the Editor

Welcome to the August Magazine.

Another school year is done and dusted and some students now wait for important exam results. Good luck! I hope you did well! The summer my own son received his A Level results there was both excitement and trepidation. If he got what he needed he'd be leaving home and going to University – the trepidation was on my part! He was just excited to be starting the next stage of life!

We all go through highs and lows – sometimes at the same time. Not everyone has support from their family network, whether that's due to choice or circumstances, so friends become 'family'. I was talking to a lovely neighbour who, like myself, is fairly new to the village. For both of us, leaving family and familiarity behind has been difficult at times although we embrace the lifestyle we have now. There is something so delightful about being within the very special neighbourhood of Appledore. I am not the only one to voice that. Another neighbour, at a different get together in July, commented on just how unique and community-orientated she finds Appledore and she regular visits several other rural or semi-rural villages around as part of her job.

I hope you are embracing Appledore too. It's a fun-packed time of year in this little part of Kent! We've just had the Car Rally, we are almost at Flower Festival Weekend, then 5th September will bring The Village Show (the insert in this Magazine is the Show Schedule!). There's also a Charity Darts Event in The Black Lion on 18th August, raising funds for Macmillan Cancer Research – please pop in and throw a few arrows!

Of course, we don't have everything in Appledore. We do all have to venture out! Did you know about Repair Cafes, in Tenterden, Highbury Hall, on the first Saturday of each month and in Rye at the Community Centre on the second Saturday of each month? - Volunteers try and repair various devices without charge to save landfill (donations to cover costs are welcome). Take along clocks, tools, electrical items, etc that aren't working, anything portable you'd like someone to advise on. Help save the planet!

We're all being encouraged to use water sparingly due to lack of rain in July too.
Hope you are all managing in the heat!

Tina XX

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Contact The Editor to add any news to
(Appledore) Grapevine

Or write an article/tell us a story!
We love to hear from you!

**I was hoping the Mag might even receive a
limerick or a ditty after last month's editorial
...is anyone out there still thinking in rhyme?**

appledoremagazine@hotmail.com

Appledore Diary – AUGUST 2026

Monday	Aerobics 6.15pm - 7pm	
Monday	Yoga Class for All 7.30pm - 8.30pm (Main Hall)	
Tuesday	Hamstreet Surgery Prescription Collection 10.15am - 10.45am	
Tuesday	Art Class 12pm - 4pm	
Wednesday	Aerobics 6.15pm - 7pm	
Wednesday	Lindyfit 7.30pm – 9pm	
Thursday	Pilates 9.45am - 10.45am	
Thursday	Citizens Advice - By Appointment	
Thursday	Table Tennis first 3 weeks 2pm – 4pm then 4th week 7pm – 9pm	
Friday	Tai Chi 10.15am – 11am	

Other Appledore Events – AUGUST 2026 – Venues as Listed

Saturday 1 st August	Cake Bakes, Church Porch 9.30am	
Monday 3 rd August	Appledore Parish Council Meeting 7.30pm-9.00pm Small Hall	
Weds 5 th August	The Mildred Trust, Main Hall 10.00am - 11am	
Tues 11 th August	Caring Altogether on Romney Marsh (CARM), Main Hall 10am – 11.45am	
Weds 19 th August	The Mildred Trust, Main Hall 10am – 11am	
Friday 21 st August	Appledore Garden Society Visit to Hawkhurst (contact AGS for details)	
Tues 25 th August	Caring Altogether on Romney Marsh (CARM), Main Hall 10am - 11.45am	
Saturday 29 th August	Art Class Exhibition, Main Hall 10am – 4.00pm	
Sunday 30 th August	Art Class Exhibition, Main Hall 10am – 4.00pm	
Saturday 5 th Sept	Cake Bakes, Church Porch 9.30am	
Saturday 5 th Sept	Appledore Village Show, Main Hall	- Show Open to the Public 2.00pm - Presentation of Trophies 4.00pm - Raffle draw at 4.30pm
Monday 7 th Sept	Appledore Parish Council Meeting, Small Hall, 7.30pm-9pm	
*Note – there is no Appledore Ramble in August		



Grapevine ...

Some good news to share - baby Teddy Freddie Foskett, grandson of Helen and Robert Hennig continues to do well. Having been born at just 30 weeks gestation he is coming along in leaps and bounds and parents Lizzie and Charlie are looking forward to bringing him home soon.

If the summer heatwaves are getting just too much for you – we hear on the ‘grapevine’ that the ‘coolest’ place to be these days is in church. It may be deemed a little too cool in winter but it’s just great in the summer! From someone who spends quite a bit of time in church ... (thank you, you know who you are!)

ARE YOU CRAFTY?



Make

If so, would you be able to make something desirable for us to sell on the craft stall at the Flower Festival please? Anything goes and we would love to hear from you. We aim have an eclectic mix of goodies to tempt customers to part with their pennies. Please deliver to Priory Lands before the event or rock up on the day.

Judith 01233 758285

LAVENDER STRIGGING



We are looking to recruit lavender striggers, both experienced and non- skilled, to come and help prepare the harvested crop for our famous lavender bags. Training will be given plus tea and cake. Hope to see you at Priory Lands on Tuesday August 4th at 2.00 for around a couple of hours.

Judith 01233 758285

CHURCH FLOWER ROTA JULY 2026



	Altar	Porch	West End
August 2 nd	Judith Clifton	Wendy Selmes	Helen Hennig
August 9th	Donna Clifton	Fay Steed	Helen Hennig
August 16th	Annie Miles	Julie Wooding	Helen Hennig
August 23rd	Annie Miles	Julie Wooding	Helen Hennig
August 30th	FLOWER FESTIVAL		
Sept 6th	FLOWER FESTIVAL LEFTOVERS		

Horne Chapel: Judith Clifton

If you are unable to take your turn please telephone Judith on 01233 758285 or text 07840 356681 – and the same numbers if you are unable to crack the code for the kitchen / Glory Hole for oasis etc. Please take the old flowers home with you or place in the black bin at church (not the green recycling one). Would you like to join us on the flower rota, we would love some extra helping hands? If so, please contact me on the above number. J.C.



Donations Needed for Appledore Flower Festival 2026

As we prepare for our Flower Festival over the Bank Holiday Weekend (29th–31st August), we would be very grateful for your support.

We are looking for donations of:

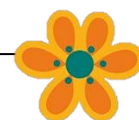
- Books – in good, clean condition
- Children's toys, games and puzzles – clean, complete and in good condition
- Bric-a-brac – clean, washed where appropriate, and free from chips or damage
- Vintage and costume jewellery – all styles welcome

If you have any unwanted items that are too good to throw away, please consider donating them to help raise funds for our Flower Festival.

Donations can be left under the stairs in the church porch, or if you would like to arrange collection or have any questions, please contact Donna (the organiser) on 01233 758256.

We would also be delighted to receive donations of homemade cakes, preserves, home-grown produce, and other baked goods to sell on our produce stall or to serve in the church refreshments area during the weekend. Fresh donations can be brought to the church on the day they are to be sold.

Thank you for your generosity and continued support. Every donation, no matter how small, will help make our Flower Festival weekend a great success.



August 2026 Church Rota

Date	Sidesperson	Reader/Intercessor	Refreshments
2 nd August	Donna	Roger P/Brenda	Brenda/Eileen
9 th August	Helen	Roger H/Donna	Jo
16 th August	Philippa	Jenny/Chris	Donna/Helen
23 rd August	Judith	Frances/Helen	Philippa
30 th August	Jo	Mayor/Frances	FF Rota Applies

Produce In The Porch

Thanks to everyone who leaves used jam jars, flower pots, plastic trays, books and knitting wool in the church porch. We gratefully use them all and hope you will please continue to donate in this way

Our next Cake Bake Day will be on Saturday 1st August at 9.30 and the first Saturdays of subsequent months. Come any earlier and you may not always find that the sausage rolls have arrived as they are too hot to package!

If you feel the urge to make a cake / cookies/ bread / savouries please contact either Judith (01233 758285) or Donna (01233 758256) who would be delighted to hear from you. As always every item (and ingredient) for sale is donated so all proceeds go directly towards the upkeep of our beautiful church.

The porch is open every day from 9.00 am until late afternoon where you will find our usual range of preserves, books, plants, flowers and other desirables. However, please note that opening time on cake bake day is 9.30 to enable us to set up and for the freshly cooked goodies to cool down! JC

Appledore Village Show

Saturday 5th September 2026



The annual Village Show is almost upon us! Please find your schedule inserted inside this magazine along with the colouring sheet for class 39 in the children's section (before the adverts on the coloured pages at the back of this magazine).

The lack of rain will obviously not have helped our vegetable and fruit growers but hopefully some of you will have produce to enter. The flower arrangements are 'Are you going to Scarborough Fair?', 'Drink up', 'Summer Holiday' and 'Gardeners Delight' and as always, a Miniature arrangement.



The cookery classes include a Savoury Quiche, Millionaires Shortbread, Key Lime Pie and a cake with a vegetable as a main ingredient. For the men only class we are wanting 3 Samosas!

From the children we would like 3 decorated Rich Tea Biscuits, an Autumn Collage, the colouring sheet and a Miniature Garden in a Seed Tray.



We have several classes for the 'crafters' amongst you including items of embroidery, tapestry or stitch work, knitting and crochet and any other handicraft item. From the artists we would like a 'Garden of England' painting and an illustrated Book Title. Photographers – your classes are 'A Funny Animal or Bird Photo' and 'Harvest'.

An Appledore event would not be complete without refreshments and if anyone is able to bake a cake for the teas then that would be very, very welcome. We will also be holding a raffle to help fund the Show, so any raffle prizes would be gratefully received. I will gladly collect any donations – just contact me on the telephone numbers below.

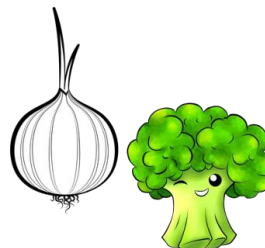


Please polish and return cups won last year by 24th August or again I am happy to collect. Details of how to enter and all the rules are on the schedule but any problems please do not hesitate to ring me.

Please help make it a GREAT Show!!!

Jo Weeks

Telephone: 01233 758420 / 07949 357459



MINISTER'S LETTER

Writing this letter is preceded by a time of increased activity of a mental antenna picking up snatches of material that just might suggest a topic, a theme. I was tackling the ironing pile with Radio 4 for company when my antennae started to twitch with the latest Desert Island Discs castaway. Paul Farmer's career has been in the charity sector with a strong emphasis on making a difference. There was sixteen years with Mind, campaigning on mental health issues to which he has now added Age UK where his concerns are for later life and the challenges faced by older people.

It was the term 'belief makers' that got the first twitch followed soon after by 'changing the conversation'.

Ironing finished and thanks to the pause and replay functions on BBC Sounds I was able to unpack what lay behind those labels.

Charity sector staff, Paul calls belief makers when they demonstrate they can make things better, change people's lives and give people hope and optimism about their futures. And changing the conversation is something that has to happen across society, and importantly in individual minds, including the older ones. The conversation becomes about doing things differently, about changing the way we talk and think about aging and later the way we experience it.

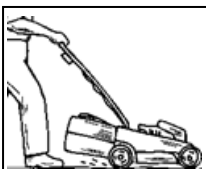
Here are some changes in the conversation about aging: keep talking about the contribution older people make in society and drop the idea that retirement is the time for people to sit mute in the corner, keep the idea of exploring and celebrating the making of connections and drop idea that loneliness and isolation is inevitable.

I picked up on the hint that changing conversations was an aspiration for everyone, including the elderly. We all need to plan our future, work through the practicalities of how we get to what we want that future to be, not just the practicalities of finance and the size of the house, but paying attention to our physical and mental well-being, taking time to hone old skills and acquire new ones, making connections in different and unlikely places.

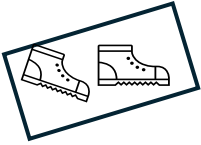
It strikes me that all of this thinking is relevant to village life with its structures and institutions, including a church at its heart. The belief makers are the ones who roll up their sleeves and tackle the task of building communities, those spaces where individuals can find their own strengths and connections can be made.

If you are still reading this letter, thank you for persevering. May I suggest you go listen to that edition of Desert Island Discs – released on 12th July 2026. It might raise some questions for you, such as: what sort of community do I want to live in, what can I contribute, where can I make a connection. If you want somewhere quiet and cool to sit and mull over the questions, the church is open. And one final suggestion, if you want to have a go at making connections, come join us for worship on Sunday. That is where we come together to share our connection with one another and God, and to know our belief making to be firmly rooted in his love.

May we all have an interesting and blessed August.
Judy Vinson



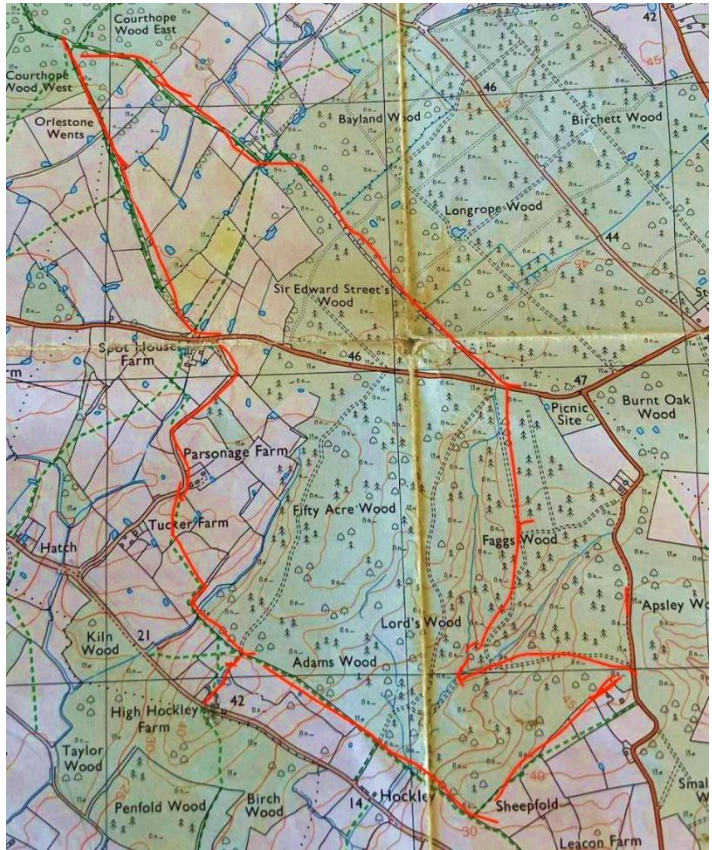
A big thank you to Iain Ramsden of Platford Contractors who has mowed Appledore Churchyard recently (charitable of course) as it was overgrown and looking a little unloved.



Appledore Ramblers Report – Friday 17th July

We are again enjoying an official heatwave and so decided that this month's ramble should be shade based. I am pleased to have a new Recce Partner, Jane Bowhay. Jane has lived in Warehorne for many years and so her knowledge of walks in that area will be greatly appreciated.

We start our 5 mile ramble at High Hockley Farm in Warehorne where we park our cars. Today there are only 8 of us and Bruno the dog. We have several members on holiday and for some it is just too hot! We pick up the AE602 which crosses a couple of meadows before bringing us into Adams Wood which is part of the huge area of Forest between Warehorne and Shadoxhurst known as Orlestone Forest. The forest is a huge area of Ancient Woodland and has conservation as its main objective. It supports nationally important moth and butterfly populations and several invertebrate species are known only to exist here.



We reach the edge of this part of the wood and follow the AE600 across some more grazing fields until we reach a small road where we turn right. After a bit we find ourselves on a proper track which according to the OS Map is a Byway open to all traffic. We follow this up into Courthope Wood and pick up another forest track. There is a lot of evidence that the tracks are being used by 4 x 4 vehicles for extreme off-roading. There are deep ruts, many filled with water and mounds of mud which clearly have been used as an exciting race track!!



As we walk along, we can't help noticing the forest track is covered in huge ants! Apparently, they are native wood ants and they have a reddish-brown body and black head and measure about 10mm. We spot a massive dome shaped mound of twigs, pine needles and leaves which is their nest. These ants play a very important role in ecosystem health supporting over 100 other species in and around their nests! We continue along our forest track and Jane points out a more open area where nightingales are often heard from April to early June. We eventually leave the track and pick up a smaller forest path in Faggs Wood, this passes quite close to the Forest Car Park and Picnic area that you reach from Malthouse Lane.

We stop for a photo opportunity on an old swing that Jane says has been here for years. I am the only one either brave or silly enough to try the swing! Thankfully I didn't end up in a heap on the ground!

We then make our way back to High Hockley Farm before hitting the Woolpack at Warehorne for a well-deserved drink! Phil was ecstatic because on ordering us a second drink, he was offered 2 dice to roll, if he threw 2 even numbers the same the drinks were free! Of course, our very lucky chappie rolled 2 x 4's!!! Huge thanks to Jane for a great walk over an area we haven't covered before.

To Weeks xx

Appledore Classic Car Show – another huge success

Thank you to all the fantastic volunteers who helped organise and run the event.



For classic vehicle enthusiasts, the Appledore Classic Car Show has become one of the largest events in the south-east of England. Our success is in part because of the space and capacity we use to run the event (thanks to the Ramsden family for the use of their fields), and the informal and friendly nature of the event in our pretty village. All proceeds from the event go towards the Appledore Recreation Ground, a registered charity, which oversees the management of the Pavilion and Recreation ground. With proceeds this year, we will add more equipment to the children's playground.

The event went off without a hitch, and we managed to avoid traffic congestion in the village with a new system of traffic management. All records for attendance were exceeded this year in part thanks to the perfect weather for the event. Thanks also to Johnny Shilton our local Borough Councillor, and Katie Lam MP for supporting the show.



Again, thank you. Appledore Recreation Ground Management Committee.

The winners were:

1929 Bull Nose Morris – Gerald Ford	1933 Reilly Nine March Special – John Busbridge
1939 Sunbeam Talbot – Chris Durnford – Cornelius Cup!	1960 Ford Zodiac – Roger Turley
1964 Chevrolet Impala – Mick Carey	1969 Gilburn T11 Prototype – Mr Johnson
1985 MG Maestro – Mark Williams	2016 Honda NSY – Stuart Lane – Drivers Club



Appledore Local History Society

Keeping Appledore's History Alive

Brenzett Club Day – Saturday 8th August

Join us at Brenzett Club Day for a fantastic day of attractions and activities across three venues.

Visit our stand in Brenzett Village Hall, where we'll be showcasing authors and writers with connections to Appledore.

Hope to see you there!

Brenzett Club Day
August 8th
10am

St Fansh's Brenzett
Crafts inc. Music & Poetry Books: E. Batten
Lace making Teas & Family tree
Nesbit Display Teas & Family tree
Elizabeth's Sweets Fagg
All day: Mick's Metal detecting, Brookland History & Tombola

Brenzett Village Hall
Dog Show History Groups
Tea & Cake Jewellery & Cake stalls
Turning & Trugs Scouts Games
Quality Fast Food From Grub Hub

St Augustine's Brookland
6pm Belltower Bar
7pm Doffin' Codgers
All day: Mick's Metal detecting, Brookland History & Tombola

Air Museum Brenzett
RMWarTime Aircraft relics, uniforms, vehicles, personal stories
Collection Historic Motorbikes
Cinque Ports
Organic Farm Shop
Disposal Hot Cakes Hot & Cold Snacks

THE CHURCH OF ENGLAND IN TENTERDEN, ROTHER AND OXNEY

We are a group of churches covering Appledore, Ebony, Newenden, Rolvenden, Smallhythe, St Michael's, Stone, Tenterden and Wittersham.

SERVICES IN CHURCH AND ONLINE DURING AUGUST

Beginning the Day with God, a ten-minute reflective service, will be *online only* from Monday to Saturday.

Ending the Day with God, a ten-minute reflective service, will be *online only* from Monday to Saturday.

Holy Communion will be celebrated in St Michael's Church every Wednesday and at Tenterden Church every Thursday, both services beginning at 10am and lasting about twenty-five minutes.

To access our daily online worship, visit:

YouTube

St Mildred's, Tenterden

Online services can also be accessed through our free daily bulletin, *Connect Up!*

To receive *Connect Up!* please visit our website, www.tentroxchurches.co.uk and subscribe.

* **LS** below denotes a service which will be live streamed and then available on the St Mildred's YouTube channel.

Sunday 2nd August

The Ninth Sunday after Trinity

11am Lammas Eucharist (*Appledore Church*)

6pm Choral Evensong (*Stone Church*)

Sunday 9th August

The Tenth Sunday after Trinity

11am The Eucharist (*Appledore Church*)

Sunday 16th August

The Blessed Virgin Mary

11am Celtic Morning Prayer (*Appledore Church*)

Sunday 23rd August

The Twelfth Sunday after Trinity

11am The Eucharist (*Appledore Church*)

Sunday 30th August

The Thirteenth Sunday after Trinity

11am Flower Festival Celtic Morning Prayer (*Appledore Church*)

18TH AUGUST 2026

Just turn up on the day and join in !

Charity Darts Event
at The Black lion

JOIN US?

PLAY FOR SIX HOURS ON TWO BOARDS
OR UNTIL WE REACH 100,000 POINTS

GIVE IT YOUR BEST SHOT AND RAISE FUNDS
FOR MACMILLAN CANCER RESERCH !!

18TH AUGUST 2026
3PM - 9PM

THE BLACK LION APPLIEDORE

Food for thought ..

Voting at Elections

The recent Makerfield by-election created when an existing MP resigned so that a "Want to be Prime Minister" candidate could stand, got me thinking about how people vote at a General Election.

Many years ago, my Father was a Labour supporter but come the General Election he voted for Bill Deedes, the Conservative MP for Ashford. When I asked why this was, he explained that Bill Deedes got a lot done for Ashford and the local Villages.

So who or what do we vote for at a General Election?

We go to the Polling Station and are given a Ballot Paper with candidate's names on. Do we put a cross for the Candidate we know or the one who makes the best promises for our area, or the country. Do we ignore the Candidate's names and simply vote for the political party or are we voting for a particular party because we like its Leader.

On the other hand we might be voting for the person we want to be Prime Minister!!!!

BK



Appledore Garden Society continued their summer programme with an evening visit in July to two gardens owned by three Society Members. This was a lovely addition to the schedule – thank you Jeremy (and Jeannette) and Sue and Alan for hosting. It was great to admire your gardens and the Pimm's, cake and nibbles were very much appreciated. As a garden society, we should mention a few special plants too! The huge cardoons at Jeremy and Jeannette's were pretty amazing, we all loved those. The cabbage palm (cordyline australis) at Sue and Alan's was great as well. It's native to New Zealand, they inherited it and it just keeps on growing.

If you would like to find out more about the Appledore Garden Society, contact either Jo on 01233 758420 or Tina on 01233 758475

When it's summer and there's a **BANK HOLIDAY WEEKEND** there are often many things to do!

Our own **Appledore Flower Festival** takes place 29th-31st August – it's great fun to volunteer at this event, as well as to just go along for fun – but there are other local events of interest too.

Check out local noticeboards and signage for even more events in the area this August such as ..

Camber Fete 1st August, Battle of Britain Airshow, Woodchurch 8/9 August, 15/16 August Green Waves Community Festival, Tilling Green Community Centre, Rye, Model Railway Exhibition, Kent & East Sussex Railway, Tenterden 22nd August, The Marsh Arts Collective, Silcocks Farm, Tenterden, 25th August

GUSBOURNE

WE'RE HIRING

We are looking for keen, enthusiastic and reliable individuals to join our grape picking team at our Kent vineyard (TN26 2BE).

Harvest usually commences from mid-September onwards - weather dependent.

Duration: Approx. 12 working days over a three-week period including weekends.

Working day: 8am - 4:30pm. Finish time may fluctuate.

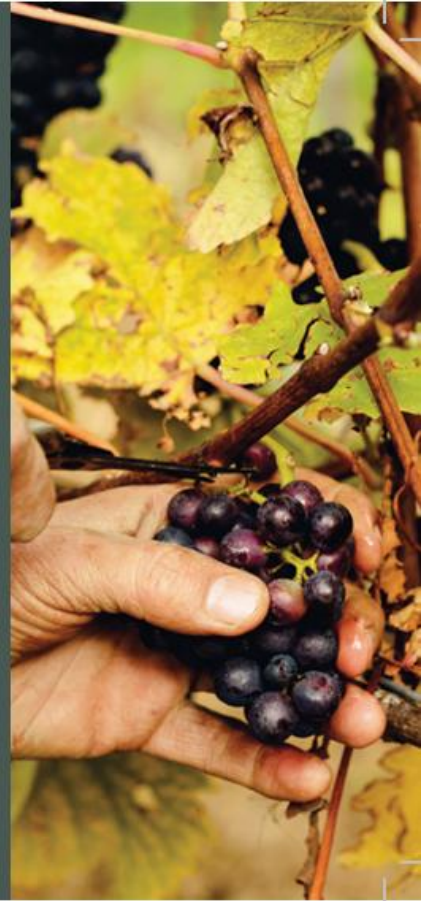
Pay: £12.71 p/h plus holiday pay.

For more information and to discuss please contact:

Jackie Kelly

harvest@gusbourne.com

07425 841409



Ride + Stride for Kent Churches

Saturday 12 September

This event is arranged by the Friends of Kent Churches. Half of the funds raised go directly to our own church in Appledore and half go towards providing grant monies to any Kent church in need.

So, please consider supporting it by collecting sponsorship to cycle or walk on the day. We also need help in the church with refreshments or to man the desk and greet cyclists.

Having cycled this for years now, I can thoroughly recommend it. You can choose your own route and cycle to as many (or as few) churches as you wish where you are sure to find a warm welcome, lovely refreshments and like-minded people along the way.

For further information or a form to take part,
please contact Fay on 758304, text 07722 428395 or email faysteed23@gmail.com

Thank you.

And Now For Something Different

...(just a little something this month)

1. What connects these? Sergeant, Teacher, Doctor, Constable, Nurse, Cowboy?
2. What connects these? Mr Bumble, Bulls-Eye, Nancy, Mr Brownlow
3. What connects these? Peaches, Dates, Lychees, Olives
4. What connects these? Julie and Julia, The Iron Lady, Kramer vs Kramer, The Devil Wears Prada
5. What connects these? Pound, Marble, Chiffon, Genoise

(Answers on Page 19)

You might be interested in things that took place in Augusts of the past ...

1875 *Matthew (Captain) Webb was the first person to swim across The English Channel*

1900 *Coca Cola was sold for the first time in Britain*

1926 *The first set of electric traffic lights appeared on the streets of London*

1953 *Nigel Mansell was born. He won 31 Grand Prix Races during his racing driver career*

1963 *Britains Great Train Robbery took place - £2.1M was stolen from Royal Mail*

IF YOU CAN'T STAND THE HEAT...

In last month's magazine, we gave you a basic list of 'dos' and 'don'ts' to get you through a heatwave. We've already had a few scorchers this summer so we'd like to offer up more tips in case there are any more to come.

We've suggested drinking lots of water but it's also advisable to AVOID sugary drinks as their high sugar content pulls water from your body in order to digest the sugar. AVOID anything that contains caffeine as this makes you want to go for a wee more frequently and that forces your body to excrete excess salt and water. AVOID alcohol during extreme temperatures as this accelerates dehydration – it can also impair your body's temperature control.

Not everyone knows the trick of using an electric fan, strategically placed with a bowl of ice in front of it. This really enhances the cooling effect. Do NOT, however, place the fan actually in the bowl of water itself!

If you're going out in the sun, you should apply sunscreen properly. Use 30-40mls of a Sun Protection Factor 30 (or above) and a high Ultra Violet 'A' protection should be applied every two hours. Don't forget to cover ALL areas exposed to the sun, including your ears and the back of your neck. Choosing light-coloured, lightweight clothing to cover your arms and legs will help, as will sporting a wide-brimmed hat – those with thinning hair, take note! AVOID the hottest times of the day between 11am and 3pm.

For a moment let's assume you have been unlucky enough to get sunburn – if so, dampen the skin with cool water...NOT iced. Apply an after-sun lotion or a gel containing Aloe Vera. Make sure you AVOID petroleum-based products as they will trap the heat in your skin.

Dehydration and over-heating can lead to heat exhaustion. The symptoms may include excessive sweating, clammy skin, tiredness, thirst, general weakness, headaches, nausea, vomiting and possibly muscle cramps. In that case, drink plenty of water, find somewhere cool to lie down with your legs slightly raised and apply a damp, cool compress to your neck, armpits and groin. After half an hour or so, you should start to recover.

If you don't, you may have developed heatstroke. The symptoms of heatstroke will be slightly different – no sweating, hot and dry skin, a body temperature of over 40 degrees C, feeling faint and confused. This could be a medical emergency...you should phone 999 or 111.

The Parish Council Appledore Resilience Team

Appledorians - Weald of Kent Awards - Did you vote for a local business?

It might not have made the shortlist – better luck next year

Not an Appledore-specific business – but The Mildred Trust made it –
will you vote for them or something else?

**Katie Lam MP: Vote in the Weald of Kent Awards 2026**

One of the great privileges of representing the Weald is seeing, up close, just how many remarkable people and places there are in this corner of Kent – people working hard, often against a difficult backdrop, to do the things they love and to take care of their neighbours.

That's what the Weald of Kent Awards are all about. This year you sent in so many wonderful nominations that it was incredibly difficult to whittle them down to a shortlist, but we finally managed to pick just four in each category. Here, ready for your vote, are your finalists:

Farmer, Grower or Producer of the Year

Aragon Farm, Sissinghurst – some of the very finest cherries and cherry juice in Kent.

Wayfarer Wines, Woodchurch – championing Wealden wines from their prize Bacchus to a new Ortega.

Kingcott Dairy, Staplehurst – the Reynolds family's grass-fed herd produces gorgeous raw milk and cheese.

Lovejoy Farm, Wittersham – top-quality local meat sold through their own shop and across the Weald.

Independent Shop of the Year

Frank's Bakery, Headcorn – Lovingly revitalised by its new owners.

Loddington Farm Shop, Linton – a hub of local food and wine alongside a lovely café.

TN17 Food & Wine, Sissinghurst – exceptionally well-stocked shop and post office.

Webb's of Tenterden – cookware, gifts, children's shop and an incredible ironmongers.

Local Business of the Year

Cranbrook Vets – an independent vets known for offering wonderfully personal care.

Olive Tree Vets, Charing – they go above and beyond with home visits for less mobile owners.

Rockits Sensory, Tenterden – a safe and happy space for children and young adults.

The Hawkhurst Bread Shed, Marden – a thriving local business with a very loyal following.

Local Hero of the Year

Matthew Knoesen, Biddenden Just 13 years old, Matthew is already a French Open wheelchair tennis champion.

Mildred's Trust – a food bank and anti food waste project for local families facing hardship.

Staplehurst Emergency Help Team – tireless volunteers, particularly in recent water outages.

Wealden Community First Responders – volunteers helping save lives across the Weald.

Pub, Café or Restaurant of the Year

The Queens Head, Sutton Valence – one of the finest beer gardens and views in Kent.

Willows End Tearooms, near Marden – homemade food in a warm and friendly setting.

The Bell & Jorrock, Frittenden – much-loved pub at the heart of village life for the past 20 years.

The Flying Horse, Smarden – A family-run pub which has raised extraordinary sums for good causes.

Every one of them helps makes the Weald what it is. **Voting is open now and closes at the end of August** – so learn more about our finalists and have your say here:

<https://www.katieforkent.com/weald-of-kent-awards>



Communi-teas:

Cake, Conversation and Connection.

In small villages, community life is at the heart of everyday living. However, for many older people, especially those living alone or with limited mobility, opportunities for regular social connection can become fewer over time. A friendly chat over a cup of tea might seem simple—but it can make a profound difference to someone's wellbeing, confidence, and sense of belonging.

That's where volunteering initiatives like Communi-teas by CARM come in. Creating an opportunity for local people, helping to rebuild those vital social ties. Whether you're new to volunteering or simply enjoy good conversation and a slice of cake, hosting a tea party can be a small act that creates a lasting impact.

Communi-teas, a community initiative by the charity CARM, is helping to bring neighbours together through simple, friendly tea gatherings. We spoke to one local volunteer host about their experience and the difference these events are making.

What inspired you to become involved as a tea party host with Communi-teas?

Well, I like making cakes and scones, so it felt like a lovely opportunity to bake for others. But more than that, I really liked the idea behind Communi-teas—bringing together people who live near each other but may not know one another very well. It's about creating that space where people can connect, hopefully form friendships, and then go on to enjoy more social opportunities together.

Can you tell us about your first tea party?

It went really well. There were no awkward silences, which is always a good sign—everyone was chatting and getting involved. A lot of the conversation centred around how long people had lived in the area and where they had moved from. One guest had lived in New Romney for 87 years, which everyone found fascinating. It really sparked some great conversations.

What difference do these tea parties make to the older people who attend?

They give people an extra opportunity to socialise and build new friendships. It can feel quite difficult to ask someone you only see in passing to meet up for a coffee, but once you've met at a tea party and had a proper chat, it becomes much easier. That first connection is so important, and these gatherings help make it happen naturally.

Have there been any memorable moments that have stayed with you?

At my first tea party, one of the guests said, "Can we all meet up again soon?" That really summed up everything we were hoping to achieve. I'm so pleased to say that since then, they've met up twice in between my tea parties. It's wonderful to see those new friendships forming and continuing beyond the events.

If someone is unsure about volunteering, what would you say to them?

I'd say—go for it. CARM is a fantastic charity to be part of, and you're well supported. A coordinator came along to my first tea party, which really helped.

They explained the aims of Communi-teas to everyone and made sure things ran smoothly. For me personally, it's been such a rewarding experience. There's a real sense of achievement in knowing you've helped people connect—and you get to enjoy a lovely afternoon of cake and conversation too.

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A Small Act, A Big Difference

In rural communities, where daily interactions are limited, moments of connection matter more than ever. Loneliness among older people is a growing challenge—but it's one that communities themselves are uniquely placed to address.

Volunteering as a Communi-teas host doesn't require anything extraordinary—just a willingness to welcome others and create a relaxed, friendly space. Yet the impact can be truly powerful: new friendships, renewed confidence, and a stronger sense of community for everyone involved.

If you've ever thought about getting involved, this could be your moment. By hosting a simple tea gathering, you could help ensure that no one in your neighbourhood feels forgotten—and that everyone has a sense of belonging.

After all, sometimes the most meaningful connections begin with nothing more than a cup of tea and a warm invitation. We would love someone to become a volunteer host in the Appledore area. Your tea parties would take place 2 times a year, with the guests being local to your village.

For more information on volunteering contact CARM on 01233 758122



Book Club Corner – July

This month we read *My Name is Eva* by Suzanne Goldring, a wartime novel that certainly divided opinion and generated plenty of discussion.

Most agreed that the historical setting was fascinating. The story sheds light on the lives of Jewish children hidden during the Second World War and in particular, the camps and post-war efforts to reunite families. Many of us admitted that we knew very little about this period of history, making the book both educational and thought-provoking. It was quite shocking to realise how little we had previously understood about what happened after the war ended.

Opinions, however, were much more divided when it came to the main character. Some readers found Eva difficult to warm to, describing her as rude, manipulative and rather vindictive. Others felt that, although she was not always likeable, her experiences perhaps explained some of her behaviour. As always, one of the pleasures of Book Club is discovering how differently we all interpret the same character.

Over all, while not everyone's favourite read, *My Name is Eva* sparked an excellent discussion and gave us all an opportunity to learn more about a little-known chapter of history. For that reason alone, it proved to be a worthwhile and memorable choice.



Now, on to choosing our next book...

Perhaps we've found the perfect solution for future meetings. One willing volunteer sits on an office chair, spins until the laws of physics take over, and whichever book they're pointing at when the chair finally stops becomes our next read. It seems every bit as reliable as our current method—and considerably more amusing! (We didn't do this by the way!) continued overleaf ...

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We don't usually have a designated Book Club read in August, for some reason this year we decided to break with tradition. A lively debate followed, with two very different books on offer.

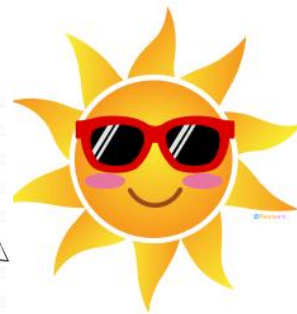
One was **Crazy Rich Asians** by Kevin Kwan, a witty, glamorous and hugely entertaining novel set amongst Singapore's ultra-wealthy elite. Packed with larger-than-life characters, family drama and plenty of humour, it promises pure escapism.

The other contender was **The Stolen Hours** by Karen Swan, an atmospheric historical novel set against the dramatic backdrop of the Scottish Highlands. Blending mystery, romance and family secrets, it has all the ingredients for an engrossing summer read.

After much discussion—and with the result almost too close to call - **The Stolen Hours** emerged as the winner. Unfortunately, it was only afterwards that we discovered it is the second book in Karen Swan's Wild Isle trilogy! Fortunately, it is said to read perfectly well as a standalone novel, so we're hoping we won't spend the first few chapters wondering what everyone else knows!

Enjoy the Summer

Book Wishes Philippa



And Now For Something Different - Answers

See Page 15 for puzzle

Connections:

1. Carry On Films (the first film was Carry on Sergeant in 1958)
2. Characters in Charles Dickens' Oliver Twist
3. Fruit with stones (not pips)
4. Films starring Meryl Street
5. Types of Cake

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APPLEDORE PARISH COUNCIL**August 2026 Update****Local Government Reorganisation**

On the 16th July 2026 the Government announced its decision on the future structure of local government in Kent and Medway as part of its Local Government Reorganisation programme. Ashford will join up with Swale and Folkestone & Hythe as one of 4 unitary authorities in Kent. This announcement marks an important milestone in a process that will shape how local services are delivered across Kent in the future. The new arrangements will not come into effect until 1 April 2028, and residents will continue to receive services from the same councils and staff throughout this period.

Select this link for further information: [Kent Council Leaders - A collective voice for Kent & Medway](#)

We have a councillor vacancy

Councillors are elected to represent the local community, so you must live or work in the parish area. Becoming a councillor is a rewarding experience as you can make a change in your community to help improve residents' lives. A councillor's role can include developing strategies and plans for the area, helping with problems and ideas, representing the community, working with other local community groups, making decisions, and talking to the community about their needs and what the council is doing.

Interested? Find out more - Contact Steve by phone on 07555393643, or email enquiries@appledoreparishcouncil.gov.uk.

Improving Village Hall Car Park lighting

In response to complaints of poor lighting Appledore Parish Council (APC) has facilitated the fitting of an additional light overlooking the car park at the rear of the Village Hall. The light provides limited but improved coverage during the hours of darkness, having taken into consideration the conservation area in which the car park is situated, and consideration of the nearby neighbours.

WHO TO ASK

APPLEDORE ALLOTMENT CHARITY	Iain Ramsden	appledoreoreac@gmail.com	07979 804079
APPLEDORE PARISH CHURCH	Rev. Can. Lindsay Hammond	01580 761591 or 07805 840493	
	Rev. Jeanette Kennett	01233 758250 or 07888 998874	
		teamvicar@tentrox.org	
Secretary	Philippa Perkins	philippaperkins.appledorerepcc@yahoo.com	
Church Warden	Mr Chris Self		01233 758078
Church Bells	Captain - Mr F Wendham, Lindon, Stone		01233 758362
	Secretary – Denise Stephens, Nonsuch Cottage		01233 758952
	Steeple Keeper – Mr Aston Calldine		01233 758105
Flowers/Brass	Mrs J Clifton, Priory Lands		01233 758285
Refreshments/Safeguarding	Mrs D Clifton		01233 758256
METHODIST CONGREGATION	Mrs B Fazzani, Oakhouse Farm		01233 758322
APPLEDORE VILLAGE STORES	51/53 The Street		01233 758320
ASHFORD BOROUGH COUNCILLOR	Mr Johnny Shilton	Johnny.Shilton@ashford.gov.uk	
ART CLUB	Denise Stephens	georginajack@icloud.com	07752 969184
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	Joint Secretaries Tina O'Reilly		01233 758475
	Jo Weeks		01233 758420
APPLEDORE LOCAL HISTORY SOCIETY			
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APPLEDORE RECREATION GROUND COMMITTEE	Chair Gary Kinsley	gkinsley@rishk.net	
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	Hospitality Advisor Linda Hiskey		01233 758097
BRITISH RED CROSS	General Enquiries (local)		01589 763359
	Tenterden & Cranbrook Medical Loans Specifically		01233 620356
CARM Meeting Point	Katie		01233 758122
CITIZENS ADVICE		ashfordadvice@gmail.com	
	Tenterden		01580 762371
COMMUNITY RURAL WARDEN	Joanna Payton	joanna.payton@kent.gov.uk	07980 770578
DOCTORS	Hamstreet Surgery		01233 730190
	Tenterden Surgery (Ivycourt)		01580 763666
	Woodchurch Surgery		01233 860236
ELECTRICITY	Failure of supply UK Power Networks		105 or 0800 6783105
FRIENDS OF APPLEDORE CHURCH			
	Chair Mrs F Smith	fmks33@gmail.com	

FRIENDS OF APPLEDORE STATION	T W D Blaney, The Wish House	01233 758628 or 07710 637962
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	Kent & Canterbury (Canterbury)	01227 766877
	Benenden	01580 240333
	West View (Tenterden)	01580 261500
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